

Student Name: \_\_\_\_\_ Access ID: \_\_\_\_\_ Date: \_\_\_\_\_

**Probation Activity #1: Assessment of Obstacles Preventing Success**

**Check each item on this list that has been an obstacle that has prevented your academic success**

**Goals and Directions**

- |  |  |
|--|--|
| <input type="checkbox"/> Unsure of interests/Unable to decide on major | <input type="checkbox"/> Overall lack of motivation              |
| <input type="checkbox"/> No clear career goals                         | <input type="checkbox"/> Not sure I want to be in college        |
| <input type="checkbox"/> Unsure if present major is right for me       | <input type="checkbox"/> Not sure if WSU is the right university |

Did you meet with an advisor at least once last semester?  Yes  No

**Time Management and Organization Skills**

- |  |  |
|--|--|
| <input type="checkbox"/> Overall difficulty in managing time             | <input type="checkbox"/> Fall behind in reading and class work |
| <input type="checkbox"/> Did not use a planner to record commitments     | <input type="checkbox"/> Lose or cannot find class information |
| <input type="checkbox"/> Procrastinate on course assignments             | <input type="checkbox"/> Turn in assignments late              |
| <input type="checkbox"/> Spend too much time on leisure activities       | <input type="checkbox"/> Poor organization skills              |
| <input type="checkbox"/> Make daily to do lists but don't follow through | <input type="checkbox"/> Working too many hours                |
| <input type="checkbox"/> Other _____                                     | <input type="checkbox"/> Waste time on low priority activities |

Did you use a daily planner or other type of management tool last semester?  Yes  No

If yes, were you able to stay organized and use your time effectively using this tool?  Yes  No

**Academic Issues**

- |   |  |
|---|--|
| <input type="checkbox"/> Lack of general study skills               | <input type="checkbox"/> Lack of class participation                 |
| <input type="checkbox"/> Do not follow a study plan                 | <input type="checkbox"/> Inadequate test preparation                 |
| <input type="checkbox"/> Do not use a designated study area         | <input type="checkbox"/> Test taking or test anxiety issues          |
| <input type="checkbox"/> Difficulty understanding textbook readings | <input type="checkbox"/> Study but cannot pass test                  |
| <input type="checkbox"/> Spend too much time on reading assignments | <input type="checkbox"/> Poor attitude toward class and/or professor |
| <input type="checkbox"/> No preparation before class                | <input type="checkbox"/> Did not communicate with professor          |
| <input type="checkbox"/> Poor in-class note taking skills           | <input type="checkbox"/> Other _____                                 |

In what two classes did you struggle the most last semester? Why?

1. \_\_\_\_\_ Why? \_\_\_\_\_
2. \_\_\_\_\_ Why? \_\_\_\_\_

**Class Attendance:** Please indicate your overall pattern of attendance during your Fall 2020 semester

90-100%       75-89%       50-74%       25-49%       <25%

**Personal Issue**

- |  |   |
|--|---|
| <input type="checkbox"/> Physical Illness                      | <input type="checkbox"/> Distracted by family problems at home    |
| <input type="checkbox"/> Financial Problems                    | <input type="checkbox"/> Substantial family commitments           |
| <input type="checkbox"/> Dating or other relationship problems | <input type="checkbox"/> Use of alcohol or other substance abuse  |
| <input type="checkbox"/> Housing, roommate issues              | <input type="checkbox"/> Feel stress/overwhelmed much of the time |
| <input type="checkbox"/> Cannot make friends                   | <input type="checkbox"/> Cannot find meaning in anything          |
| <input type="checkbox"/> Homesickness                          | <input type="checkbox"/> Feel "blue" much of the time             |
| <input type="checkbox"/> Problems sleeping or lack of sleep    | <input type="checkbox"/> Racial or other diversity issues         |

**Academic Support Resources:** List resources that you used in Fall 2022 such as tutoring, counseling, etc

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**Probation Activity #2: Semester Goals and Action Plan**

Use this chart to develop at least three personal and/or academic goals to accomplish this semester. Decide what you need to do (steps) to accomplish each goal by creating an action plan. Finally, think about the obstacles or challenges that you may face that could interfere with you accomplishing your goals; decide how you can overcome those obstacles.

Goals	Action Plan	Challenges/Obstacles
1.		
2.		
3.		

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